



UK - Apotekets Lægeurter

Medicinal Plants in the Pharmacy Nyvangs garden for medicinal plants

As humans, we have an ancient tradition of finding our medicine in nature.

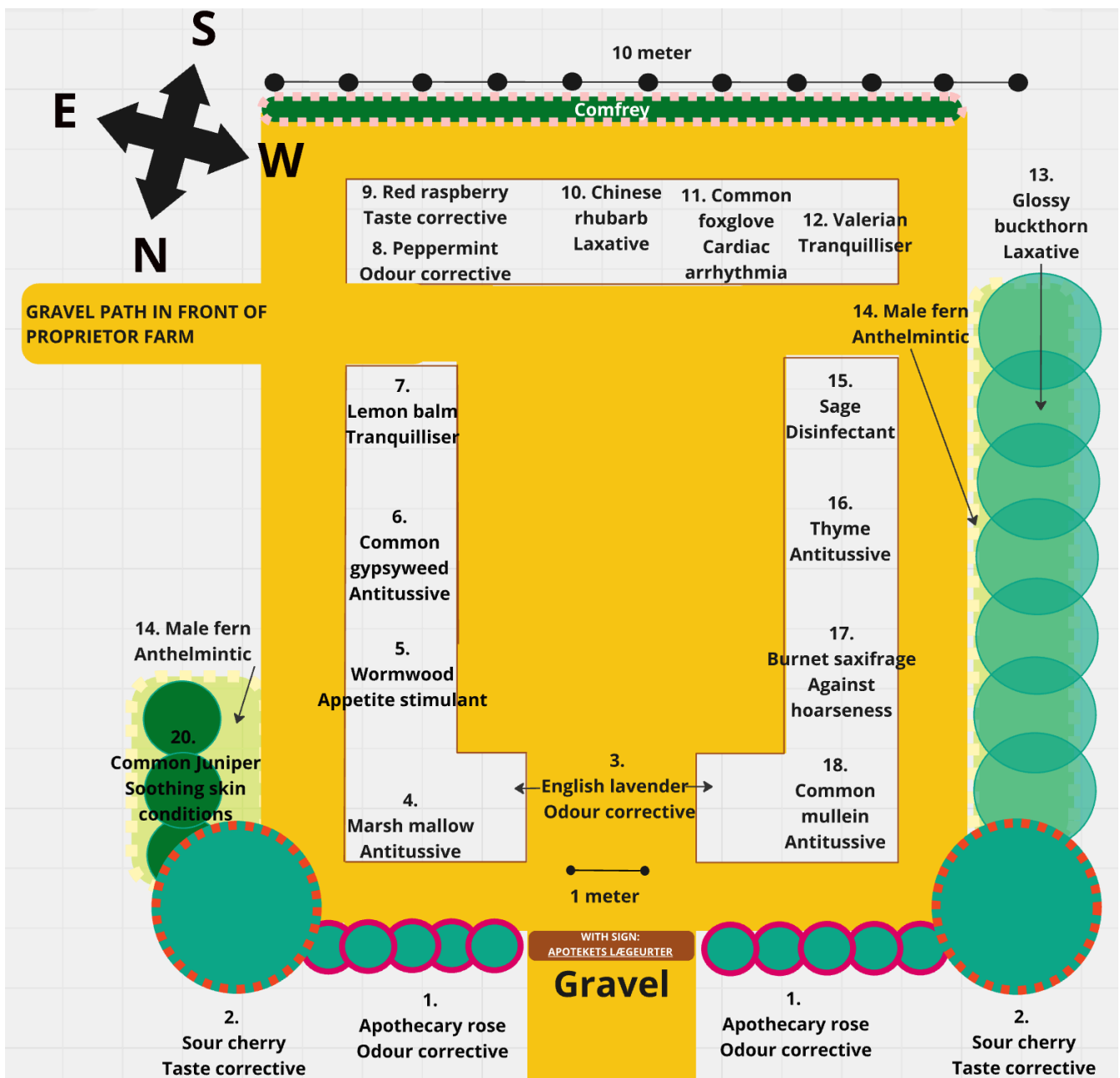
In Nyvangs garden for medicinal plants we like to illustrate and tell stories about some of the plants, that were used for medicine around the 1940's.

You find 19 selected plants from the pharmacy's officially recognized lists of medicines and their ingredients from around the 1940's. Specifically, we have used Pharmacopoea Danica 1933 and 1948.

The plants could be purchased at the pharmacies as drugs (dried plant parts), or they were included as ingredients in medicines. Take a look into Nyvangs pharmacy, where you find a laboratory with much of the equipment used to manufacture medicines containing plant parts.

Nature is a resource that can give both researchers and the rest of us new ideas in the future.

Enjoy nature and the stories in the garden.



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No.	English name	Latin name	Medicinal use in 1940's	Part of the plant used
1	Apothecary rose	<i>Rosa gallica L.</i>	Odour corrective	Fresh flowers
2	Sour cherry	<i>Prunus cerasus L.</i>	Taste corrective	Fresh fruits
3	English lavender	<i>Lavandula vera DC</i>	Odour corrective	Fresh/dried inflorescences / flowering tops
4	Marsh mallow	<i>Althaea officinalis L.</i>	Antitussive	Dried root
5	Wormwood	<i>Artemisia absinthium L.</i>	Appetite stimulant	Dried leaves and/or flowering tops
6	(Common/heath) speedwell, common gypsyweed	<i>Veronica officinalis L.</i>	Antitussive	The dried, above-ground parts of flowering and fruit-bearing plants
7	Lemon balm	<i>Melissa officinalis L.</i>	Tranquilliser	Dried leaves and young shoots from the plant and collected before flowering
8	Peppermint	<i>Mentha piperita L.</i>	Odour corrective	Fresh/dried above-ground parts of the plant
9	Red raspberry	<i>Rubus idaeus L.</i>	Taste corrective	Fresh fruits
10	Chinese rhubarb, medicinal rhubarb (Garden) rhubarb	<i>Rheum officinale</i>	Laxative	Pealed and dried root
		<i>Rheum rhabarbarum L.</i>	None	
11	(Common) foxglove	<i>Digitalis purpurea L.</i>	Cardiac arrhythmia	Dried leaves
12	Valerian	<i>Valeriana officinalis L.</i>	Tranquilliser	Dried root with sideroots
13	Alder/glossy buckthorn	<i>Rhamnus frangula L.</i>	Laxative	Dried and stored bark of stems and branches
14	Male fern	<i>Dryopteris Filix-mas (L.) Schott</i>	Anthelmintic	Dried root
15	Sage	<i>Salvia officinalis L.</i>	Disinfectant	Dried leaves and young shoots
16	Thyme	<i>Thymus vulgaris L.</i>	Antitussive	Dried leaves and flowers
17	Burnet saxifrage	<i>Pimpinella saxifraga L.</i>	Against hoarseness	Dried root
18	Common mullein	<i>Verbascum thapsus L.</i>	Antitussive	Dried flowers
19	*Common fig	<i>Ficus carica L.</i>	Laxative	Dried fruits
20	Common juniper	<i>Juniperus communis</i>	Soothing skin conditions	Tar extracted from trunks and branches

* Placed nearby the Schoolroom